



The Word:

“Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it.” 1 Corinthians 9:24

We as Christians are to run the race of life with focus. Therefore we should train, compete with passion, fight with purpose (9:26), and master our flesh. If athletes work to get a trophy, why not we as moms; where the people we serve in our homes are the prize we will take with us into eternity. As we look at our lives and what we do focus on, let us compare it to how it effects eternity. The diapers we change, the meals we prepare, the clothes we fold and the games we play with our children are all actions that serve the lives we are preparing for eternity. Run the race mom, like you do each day; care for your family with passion, fight for what is right on behalf of your family and help mold and train the character of your child during the routine activities of life. Yes, mom, the day to day actions of our lives do matter... they matter to our families, they matter for eternity, and they matter to God.

The Activity:

How about treating yourself to a fun summertime “pit stop” this next week with your kids? If an area of your yard needs to be watered, why not put the sprinkler on it and join along... Encourage the kids to put on their swimsuits and bring along the dog if he would like to have some fun. Perhaps some fun peppy kid’s music could be playing in the background. After some fun time in the sun, snacks could be served on a quilt under a tree. Have you ever made homemade popsicles with Dixie cups, Popsicle sticks, and kool-aide? (These would need to be prepared ahead of time). You could also make a paper grocery bag full of popcorn and have ready for the event as well and serve with juice boxes. Any popcorn spilled on the ground could be enjoyed by the birds that evening. Perhaps finish up with a resting time on the quilt with a few story books appropriate for your child’s ages. Look at the Pre-Reading section on the TFM website for ideas on books for your child’s age. Take a few pictures of your fun “summertime pit stop” and add the pictures and story to a simple book you could create out of construction paper with your child about the fun things you did this summer together. The front and back covers could be made of a square of wallpaper the size of the construction paper used in the book; staple the left side like it is the binding for your book. Think of a title and write on the front cover along with the date. Have them explain each picture as you write out the description on the page. This book will be enjoyed in years to come as you look back on the fun memories of childhood. Remember the love of reading is “caught” not just “taught.”

“Motherhood is not a short sprint but a marathon race with pit stops along the way...”

M. Duncan

